

Whole Person Development Questions for Coaches to ask...

Questions to ask about Athletic Life...

Are you making progress in the weight room?
Do you hold your partner accountable in the weight room?
Are you getting your proper rest?
classes?
Are you eating properly?

What are you doing extra to improve your game?
What specific position skills are you working on?
Are you drinking plenty of fluids?

Do you have a year round game plan for progress?
What are your physical performance goals?
Are you getting proper treatment for any of your injuries?
Do you have a game plan to meet your football goals?
Have you shared your goals with another team mate?
Who will hold you accountable to achieve your athletic goals?
Have you talked to a coach about what you need to work on?

How much time do you spend watching film?
Are your goals realistic?
What Character qualities apply to this area?

Questions to ask about Social Life...

Do you have a girl friend?
How long have you been dating?
Do you have a set of practical standards for dating?
Are you making friends on campus?
How are you applying the character qualities to your daily life?
saint?
Who are the significant relationships in your life?
How do you get to meet other people?
Are you aware of the schools mission?
How do you decide who you are going to associate with?
What are some guidelines you use to make wise decisions?
Do you have a T.E.A.M. card in your wallet?
Have you shared your dating standards with any adult?
Who is holding you accountable socially?
Do you put yourself in any compromising situations?
Are you aware of what a self report is?
What Character qualities apply to this area?

Questions to ask about Academic Life...

Are you studying your play book?
Are you using your time wisely?
Are you getting the necessary help in your

Have you talked with your football Academic Advisor?
Are you showing up to class on time?
Have you introduced yourself to your teachers?
Are you in the proper seat according to learning style?
Do you need tutoring in any area?
Is anybody holding you back from succeeding?
When do you plan to graduate?
Is your room conducive for proper study habits?
Have you missed any classes this week?
How are your grades in each class?
Are you thinking correctly about yourself and others?
Do you need to talk to anybody?
Who are you accountable outside the classroom?
What Character qualities apply to this area?

Questions to ask about Spiritual Life...

What does it mean to be born again?
Do you attend church anywhere?
What is your religious background?
Is prayer a normal part of your life?
Do you view yourself as a sinner or a

Who are you helping to grow spiritually?
Do you have any doubts about your salvation?
Who are you accountable to spiritually?
Do you know you are born again?
Where do you get your identity from?
Is there a habit that is getting the best of you?
Are you involved in Christian service?
Is anybody helping you grow spiritual growth?
Do you have a plan for spiritual growth?
Who on the team do you respect spiritual?
What Character qualities apply to this area?