



# BISHOP KEARNEY TIGERS BASKETBALL

BROOKLYN, NY

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## INCORPORATING THE READ AND REACT MOTION OFFENSE AND POINT GUARD MENTALITY INTO YOUR SYSTEM

### READ AND REACT OFFENSE

- 1) WHAT DO YOU WANT IN AN OFFENSE?
- 2) ADVANTAGES OF THE READ AND REACT OFFENSE
- 3) THE LAYERS
  - 1) WHAT LAYERS TO USE
  - 2) WHAT ORDER TO TEACH THE LAYERS
- 4) IMPLEMENTING THE OFFENSE
  - 1) DRILLS/TEACHING METHODS
  - 2) IMPROVING FUNDAMENTAL SKILLS
- 5) GAME PREPARATION/ADJUSTMENTS
  - 1) OUR PLAYERS
  - 2) OPPONENTS
- 6) MY TEAM EXPERIENCE

### THE READ AND REACT LAYERS

- 1) PASS AND CUT
- 2) POST PASS AND CUT (N-S)
- 3) DRIBBLE AT ( SPEED DRIBBLE)
- 4) DRIBBLE PENETRATION/CIRCLE MOVEMENT
- 5) BASIC POST SLIDES/DRIBBLE PENETRATION
- 6) BASELINE DRIBBLE PENETRATION
- 7) PIN AND SKIP
- 8) CIRCLE REVERSE
- 9) POST SCREENS
- 10) BACK SCREENS

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- 11) MULTIPLE SCREENS
- 12) BALL SCREENS
- 13) POST PASS AND CUT (E-W)
- 14) CORNERS ( PASS AND CUT)
- 15) POWER DRIBBLE
- 16) ADVANCED POST SLIDES

OTHER LAYERS: TRANSITION OFFENSE/PRESS BREAK/FULL COURT TRIPS/FLOW

## POINT GUARD MENTALITY FOR TEAM

As a coach we are always looking for that special player who can fill the role of a Point Guard. There is no doubt that having a good Point Guard makes our team better.

There are specific Point Guard qualities that can be taught to all of your players. This will help you develop more complete basketball players.

Many of the ideas and concepts that I have used and will discuss are those that are taught and have been developed by the Original Point Guard College.

- 1) Point Guard Qualities
  - 1) Control
  - 2) See The Court
  - 3) Make Other Players Better
- 2) Jump Stops
- 3) Fakes and Peeks
- 4) Hunt The Paint
- 5) Mistake Response
- 6) Communication
- 7) Race from Arc to Arc

The last 2 seasons I have implemented the idea of "S.C.H.A.P.E." ing my team (a PGC concept).

It starts with each individual player then carries over to the team.

S- Spirit

C- Communication

# **BISHOP KEARNEY TIGERS BASKETBALL**

H- Hustle

A- Attitude and Approach

P- Precision

E- Enhance