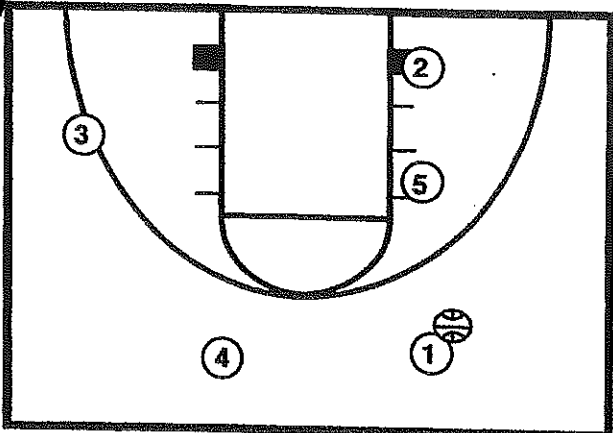
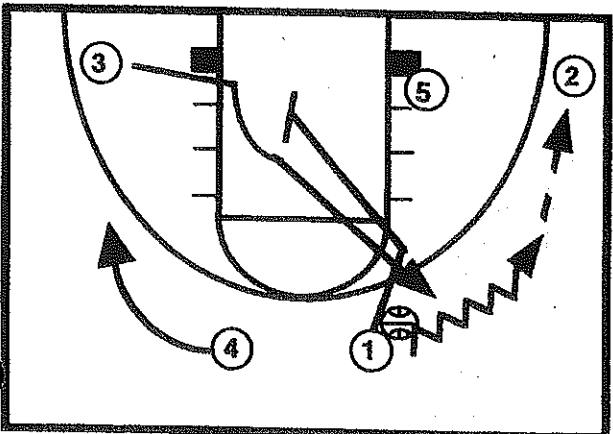


Flex Offense

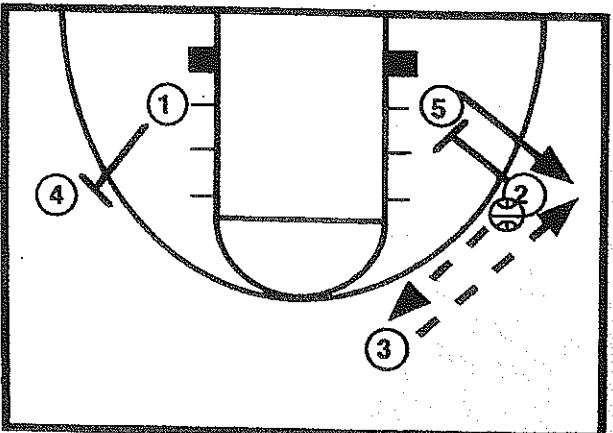


The basic continuity involves all 5 players in action.



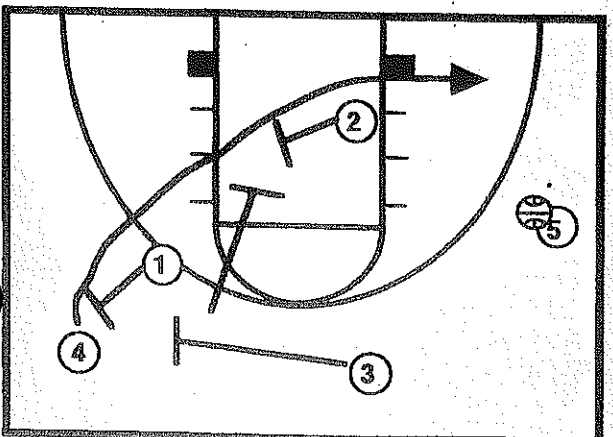
I. Action: Key Phase (broken circle screen)

- 1 hits 2 at wing; 2 looks for 5 on block
- 1 broken circle screen for 3
- 2 hits 3 at top of floor



A. Exchange

- 2 passes to 3; 5, 2 exchange
- 2 posts - goes across lane
- 3 reverses ball to 5



B. Baseline Cutter

- 5 immediately looks for baseline cut.
- 3 immediately screens away for 1 then 3 screens down for 2.

Flex Offense

C. Lane Cutter Action

- 1 cuts off screen by 3 and cuts hard down the lane.
- 3 screens for 1 then screens down for 2.

D. Elbow for 2

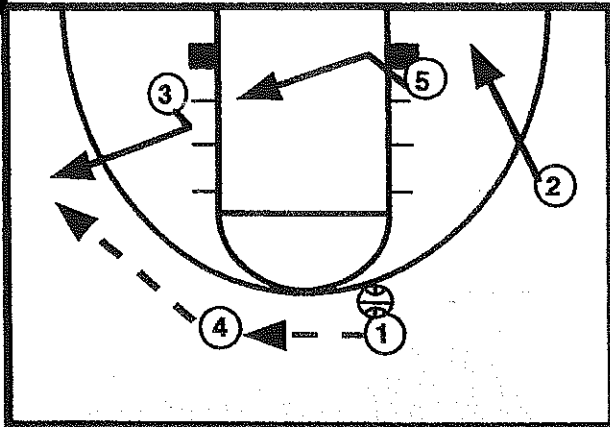
- 5 looks for 1 down lane or 2 around lane for open jumper.

E. Continuity

- 2 reverses ball to 1
- 3 posts up
- 2 diagonally screens for 4 (broken circle)

- 4. 1 reverses ball to 4 at top of floor.
- 5. exchange 1, 3
- 6. baseline cutter for 5
- 7. lane cut by 2
- 8. elbow jumper for 1

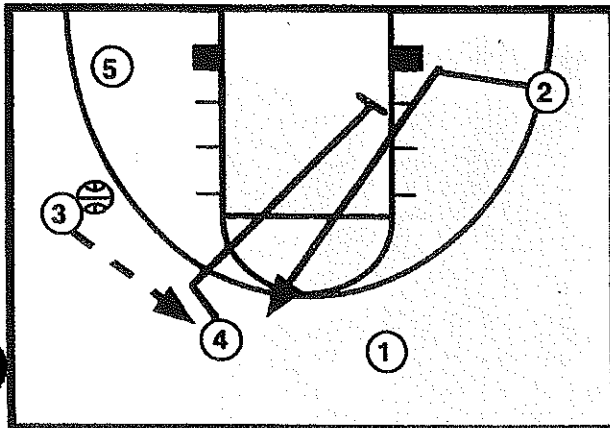
Flex Offense



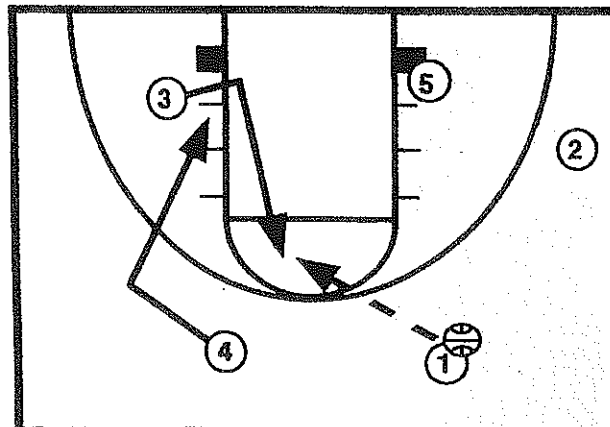
II. Option 2: Initial Ball Reversed

A. 1 reverse ball to 4 when 2 is denied.

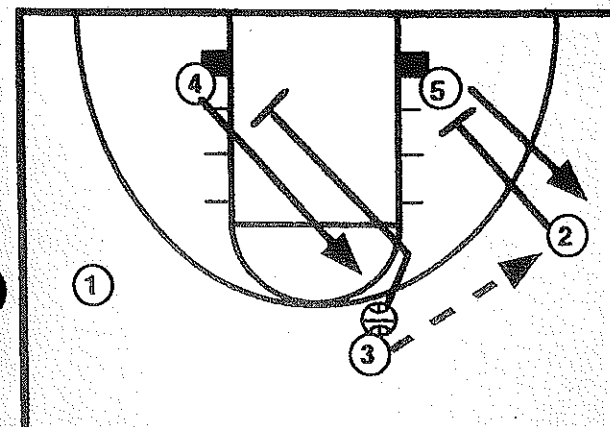
- 4 hits 3 at the wing
- 3 looks for 5 busting to the block



- 4 broken circle screen for 2
- 3/5 exchange
- continuity continues



B. Back down Sequence



- 2/5 exchange
- 3/4 broken 3/4 circle screen