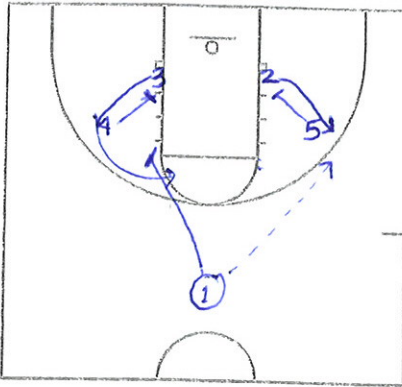




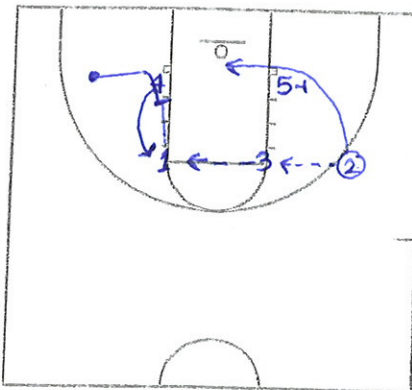
TEAM BC

PLAY CALL 5-man flex

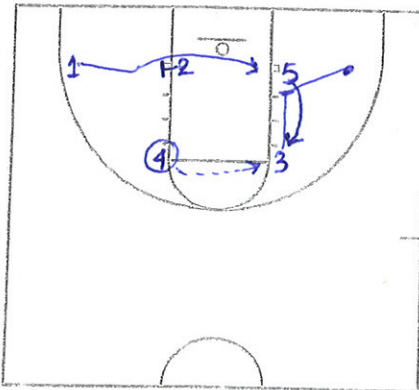


- * Run it tight for lay-ups and elbow jumpers
- * Bigs down screen for guards

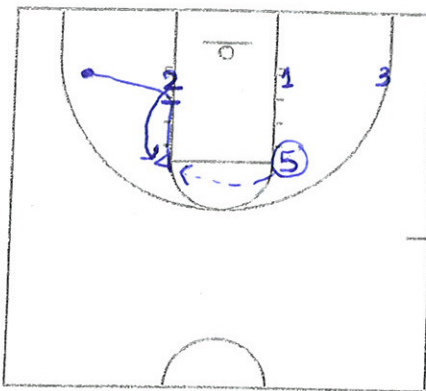
- 1 enters to either wing and screens away,
- 3 clears screen and fires to elbow ball side



- 1 down screens for 4 and continues to corner
- 4 fires to elbow (must catch shot ready and be strong with the ball)
- as 4 catches pass, 2 fires off 5 for flex cut.



- 3 sets down screen for 5 and continues to corner
- 5 fires to elbow (shot ready)
- 1 makes flex cut after 5 catches @ elbow

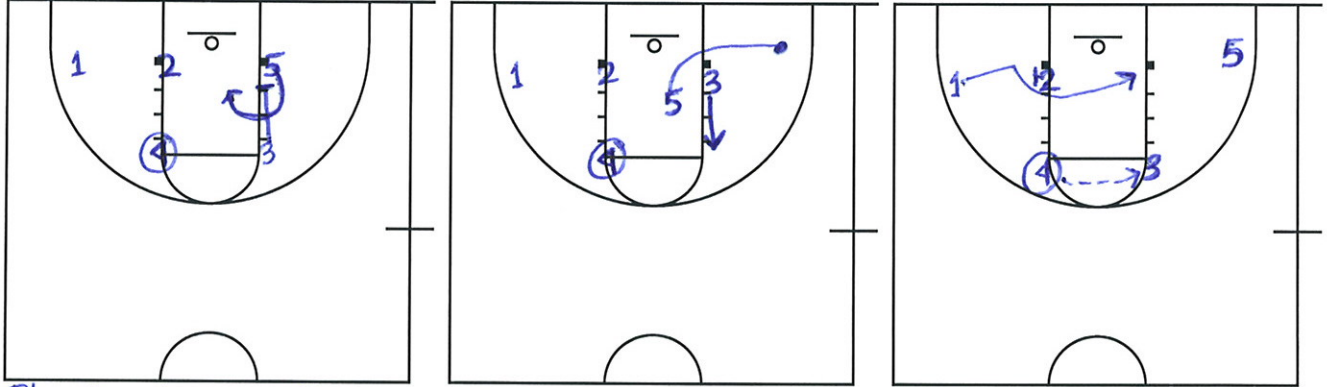


- 5 passes to 2 (pass may be bounced)

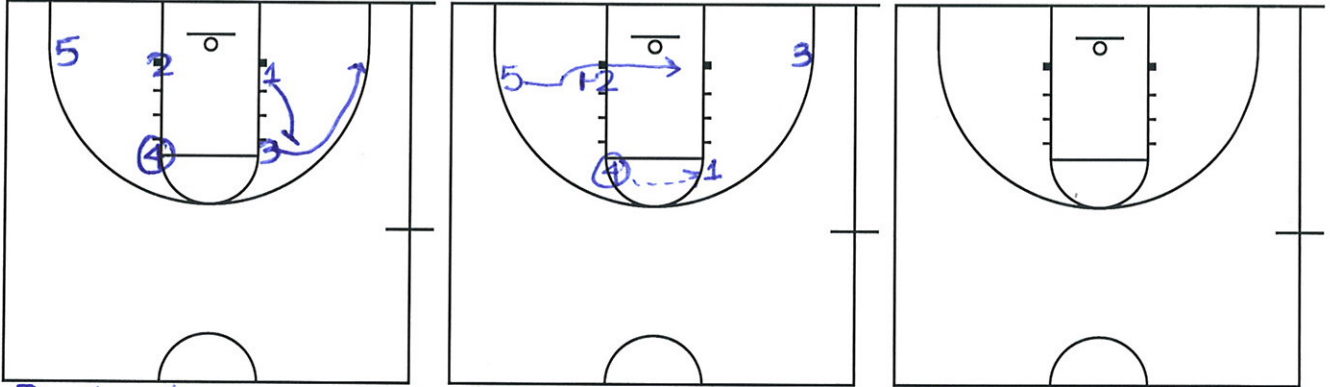
Points of emphasis

- + must show patience on down screens
- + must have ball sureness @ elbow
- + screener may duck-in hard after screen
- + flex cutter (baseline) must wait until ball is at elbow to make their cut
- + from elbow, player can drive, but middle is really congested and would be best to drive toward block.

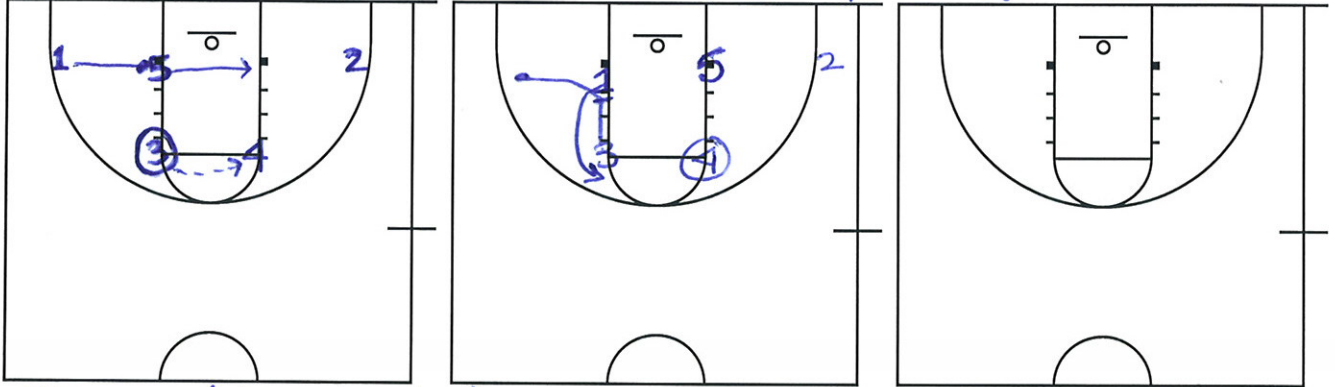
Curbs (for bigz you don't want @ elbow)



Flare screens



Push (cutter pushes & replaces. keeps guard off block)



Stagger (for shooter)

