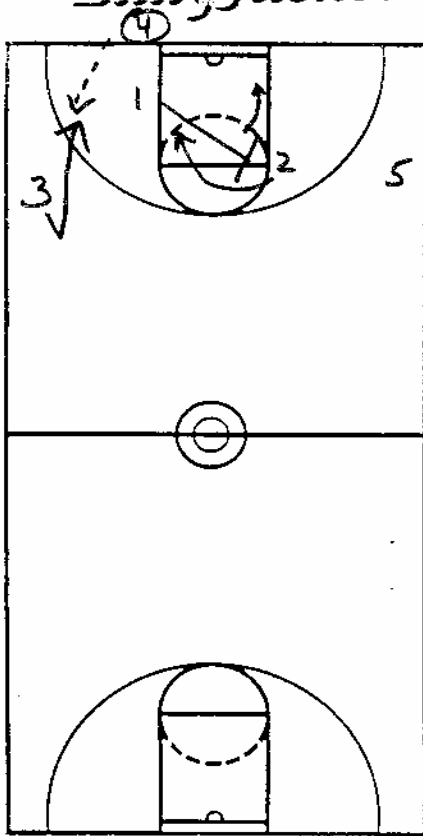


LeTourneau University Lady Jacket Basketball

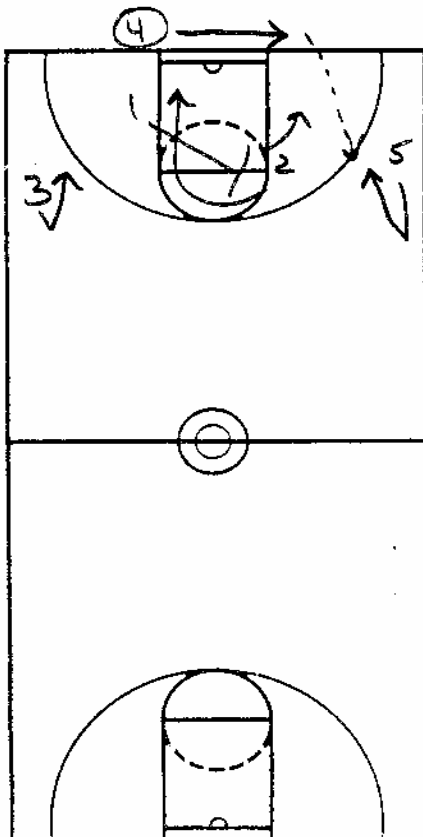
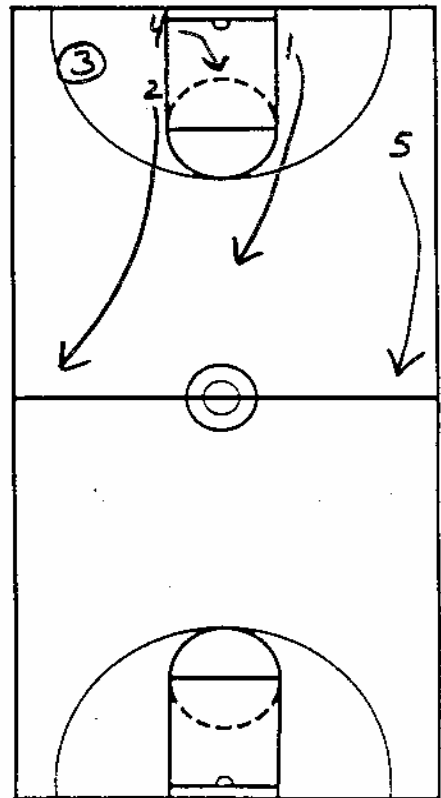
1-4 Press OFFENSE



NOTES

ENTRY TO FORWARD

- Enter to ③
- ⑤ Goes to half-court
- 2 cutters go through
 - a) ② to halfcourt
 - b) ① to middle
- ④ Steps in as the 2nd guard
- Same rules applies as normal



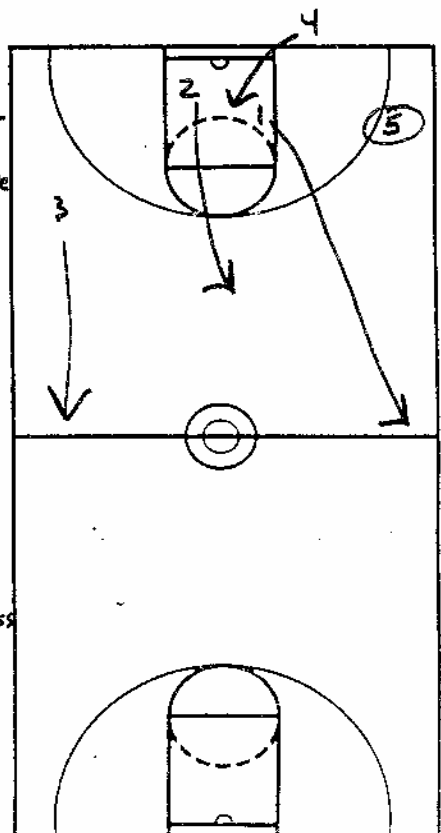
NOTES

ENTRY TO WEAK FORWARD

- ④ runs baseline, otherwise that will be an awfully difficult pass to the weakside.

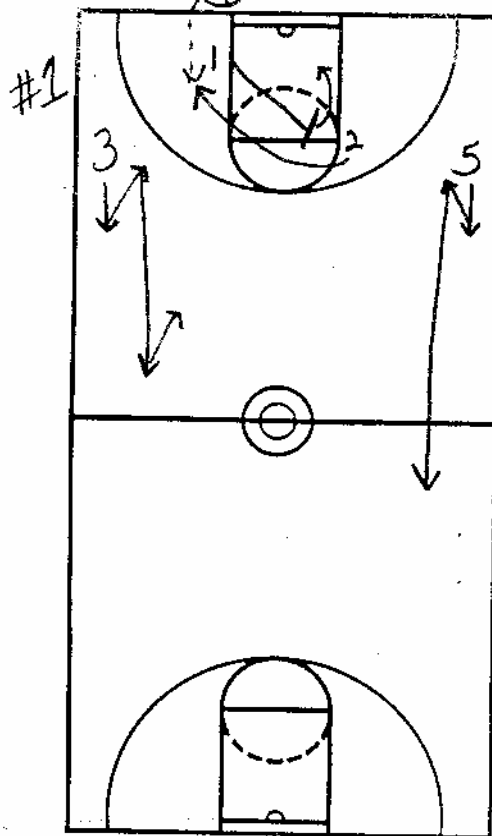
*** NOTE ***

ENTRY TO FORWARD IS THE SAME ACTION regardless of whether we are in "Regular" or "Special"



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1-4 Press Offense (GUARD ENTRY)

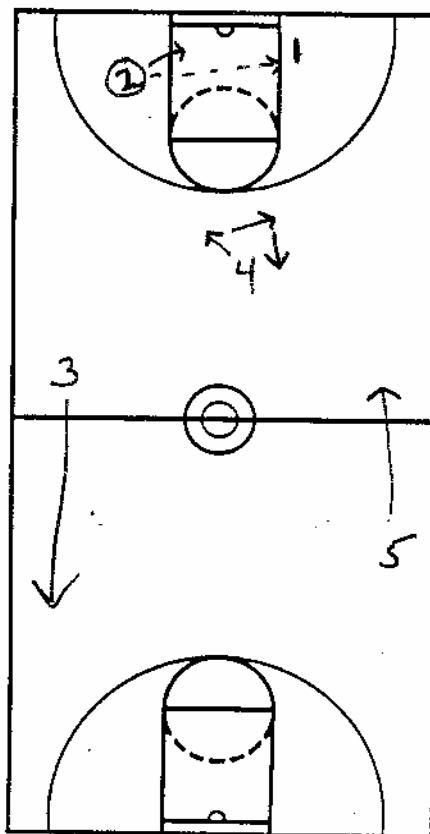


NOTES

REGULAR

- * Inbounder goes to middle
- * Guards stay back
- * 2-1-2 set
- * Guard w/out ball stays behind ball
- * Middle finds hole in press and shadows/mirrors dribbler
- * Deep forwards act like PISTONS - Going up and back. Ballside big comes up, opposite goes back

#2



NOTES

SPECIAL

- * ~~_____~~
- Same as regular except that inbounder steps in as a guard and the guard that does not receive the pass goes to the middle.

